



CAPFSA

CHILD ACCIDENT PREVENTION FOUNDATION OF SOUTHERN AFRICA

**ANNUAL REPORT
1 April 2005– 31 March 2006**

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CAPFSA

Meaning of Logo

The CAPFSA logo signifies the balance between cautious controlled behaviour and normal adventurous childhood activities and behaviour. A child's life represents a balance between natural abandon of childhood and the essential controls that ensure the safety of the child. It is this precarious balance, which is captured in the logo of CAPFSA. The losses incurred when the balance is disturbed can be enormous.

VISION

To create a safer world for children

TABLE OF CONTENTS

| | |
|-----------------------------|----|
| Presidents' Message | 4 |
| Directors Message | 5 |
| Introduction | 6 |
| Research | 8 |
| Education and Training | 10 |
| Resources | 17 |
| Advocacy and Legislation | 18 |
| Who's Who at CAPFSA | 19 |
| CAPFSA Members | 20 |
| Funders | 21 |
| Annual Financial Statements | |

PRESIDENTS MESSAGE

This year CAPFSA is celebrating 28 years of existence and after a fledging beginning in the 1970's, CAPFSA has grown into a unique and prominent organization in South Africa. The Foundation has met the challenges of promoting optimal health through a process of research, education, environmental changes and legislation. The main focus of the Foundation is on the prevention of intentional and unintentional injuries amongst the most precious of South Africa's commodities namely our children.

Modern life has created extraordinary opportunities for our children, but in this process they are paying a heavy price regarding disintegrating families, interpersonal conflict and violence and unacceptable levels of crime. Although CAPFSA cannot change the world, it can and has in the past contributed significantly towards creating an enabling environment for our children to live in and to grow up into responsible law abiding and economically productive citizens.

Despite staff shortages and concerns about the position of CAPSFA within the Health structure and finances, the Foundation has been stabilized with 2 energetic offices and staff, one in Johannesburg and one in Cape Town.

The annual report will indicate the activities that were performed during the years 2005 – 2006. Of significance has been the very successful hosting of the Child Safety Seminar and activities such as Child Safety Month, which was a resounding success.

With the staff shortages experienced during the time, problems were experienced with ongoing data capturing which is now the largest in South Africa with the details 118 000 children available. This resource functions as a national/international database, which was used extensively in the past.

Although we have far advanced on the road to make South Africa safer for children, further progress will depend on new strategies and correct decisions. It is a daunting task that lies ahead.

I want to thank all the staff and volunteers of CAPFSA, both in the Western Cape and Gauteng for all their dedicated efforts to make childhood safer in our country. May CAPFSA grow from strength to strength.

H.Rode
National President



DIRECTORS MESSAGE

Child Accident Prevention in South Africa is clearly coming of age with another successful year completed. The organization was established in 1978 and we are now reporting on the 28th year of our activities.

Significant progress has been made and CAPFSA has been able to put Child Safety on the South African map and there seems to be a growing interest in the issues we are promoting for nearly 3 decades now.

Among all other activities, a Seminar was held on the *non-natural deaths of children*, a topic which is also the focus of a National Department of Health initiative. Minister Ramatlakane took time of his heavy schedule to attend this seminar and deliver a Key-Note speech.

We furthermore managed to win the Bid to host the 15th International Safe Communities Conference in April 2006.

The vast majority of non-natural child deaths occur in the low and middle-income countries, while most activities on child safety only occur in high-income countries.

We are looking forward to this conference which has the potential to elevate the issue of Child Safety to new heights nationally but also will be able to reinforce our position internationally and make us part of a global movement.



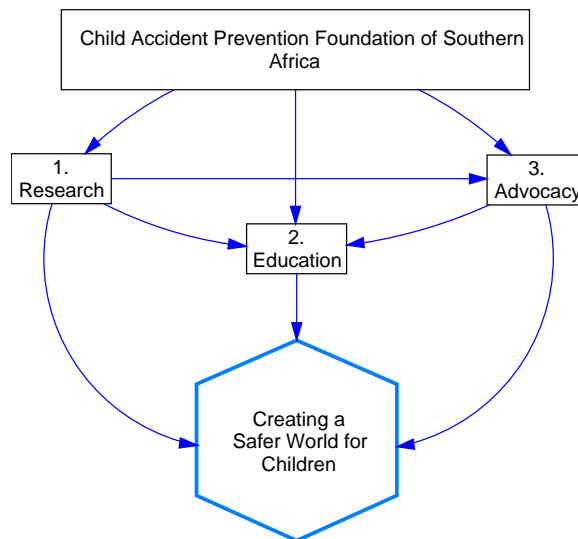
Sebastian van As
National Director



INTRODUCTION

The Mission of the Child Accident Prevention Foundation of Southern Africa (CAPFSA) is to promote optimal health and development of all children in South Africa. CAPFSA aims to reduce and prevent intentional and unintentional injuries through research, education, environmental change and recommendations for legislation. To achieve this we work in co-operation with government, industry, non-governmental and community based organisations, community groups and individuals.

CAPFSA believes that every child has a right to grow and flourish in a safe environment without the threat of being hurt.



The specific objectives of the Foundation are:

1. The promotion of a general understanding of the nature, extent and cost of childhood injuries
2. To raise community awareness about childhood safety and injury prevention.
3. To reduce frequency, minimize the severity, or prevent the occurrence of childhood injuries.

4. To serve as a resource centre to the communities, providing meaningful information and resources regarding childhood injuries and their prevention.
5. To serve as a scientific body of knowledge regarding childhood injuries and preventative methods.
6. To foster community involvement as a basis for child accident and injury prevention services.
7. To increase the levels of participation of all sectors of the community (government and private organisations).
8. To develop and implement injury prevention measures.
9. To lobby and motivate for safety standards and legislation regarding children's products and safer environments.

This past year the Foundation continued investigating childhood accidents and ways of preventing them. In addition, CAPFSA also operated as a resource centre for the general public, and for those involved in preventative health education and environmental planning.

The Foundation continued to establish and maintain good working relations with various departments, organisations and individuals concerned with child safety, these include the Department of Health, Emergency Services, the Medical Research Council, Community Safety, UCT Children's Institute and others.

2005/2006 has been a demanding year for CAPFSA due to staff shortages. The vacant Social Work post was only filled in October 2005. Pumla Nyakaza joined the CAPFSA team and is primarily responsible for education and training.

Despite the loss in human resources and limited funding, the Foundation continued running the injury database, engaged in education in various communities and assisted the general public with enquiries and information on child injury prevention.

RESEARCH

Since 1991, CAPFSA has systematically kept a computerised database of all injured children presenting at the Red Cross Children's Hospital Trauma Unit. This database presently has approximately 120 000 childhood injuries recorded.

The database serves the purpose of a surveillance system on childhood injuries. The database has been systematically analyzed for a large number of clinical and epidemiological studies relating to childhood injuries.

The Foundation continued to update and gather available statistics on childhood injuries and deaths.

The unit received numerous requests for Trauma Unit Injury data from medical students, nurses, educators, policymakers, research bodies, other injury prevention stakeholders and the media.

Unfortunately the volunteers who assisted with data capturing left CAPFSA after many years of service and assistance. Therefore due to lack of capacity the databases are not up to date. It is hoped that with future support the database could be updated, as this will be of great benefit for injury prevention initiatives and further research. We would like to thank Mira Lose from Germany who captured data for us for three months.

Analysis of various issues took place. This includes pedestrian injuries, falls from bunk beds, firearm injuries, violence related injuries and falls from playground equipment.

14th International Conference on Safe Communities

On June 13, 2005, leaders from the Safe Communities movement convened in Bergen, Norway to exchange ideas and share experiences at the 14th International Conference on Safe Communities.

This annual conference drew participants from public health, justice, police, politicians, policy makers and representatives from voluntary organisations from over 60 countries.

The conference theme shed light on various aspects of violence but included other topics such as home safety, school and road safety, the cost benefits of safety promotion, and the role of rescue services in creating safe communities.

Prof. Sebastian van As (Head Trauma Unit, Red Cross Children's Hospital and Director of CAPFSA) and Nelmarie du Toit were privileged to attend and

present at this conference. Prof. van As' presentation focused on Gunshots in Children; what can be done? Nelmarie du Toit presented data on Child Pedestrian Injuries and the challenges faced in order to prevent pedestrian injuries and deaths to children in South Africa.

The 15th International Safe Communities Conference will be hosted by the Child Accident Prevention Foundation and take place in Cape Town from 9-11 April 2006.

Publications:

- 1 Home Visitation for Childhood Injury Prevention: A preparation and Implementation Manual. Editors: Munro. Van Niekerk, A., Odendaal,W., Du Toit, N. and Swart, L
- 2 A comparison of children with injuries to the head and injuries to the body". Lalloo, R, Van As AB
South African Medical Journal, 2005 95(5):332
- 3 "HIV post exposure prophylaxis in victims of child sexual abuse", Hachey M, van As AB, Ann Emerg Med 2005 Jul; 46(1): 97-8.
- 4 "Missed stabbed heart in an infant", van As AB, Brink JG. Injury Extra, 2005, 36(10): 445-6.
- 5 Design and Implementation of a Child Injury Prevention Resource Pack for Primary Schools, du Toit N, Prince B. Africa Safety Promotion Journal. 2004
- 6 "Liver injuries in children, the role of conservative management" Landau A, van As AB, Millar AJ, Rode H Injury 2005, Oct 20.
- 7 "Paediatric coin ingestion and aspiration" Chen X, Milkovich S, Stool D, van As AB, Reilly J, Rider J. Int J Pediatr Otorhinolaryngol. 2005 Sep 9; [Epub ahead of print]
- 8 "Occipito-Atlanto dissociation: Case Report and review of literature" van As AB, McFadyen I. Injury Extra.
9. "Gunshot wounds in children: epidemiology and outcome" Hutt J, van As AB, Wallis LA, Numanoglu A, Millar AJW, Rode H. African Safety Promotion 2004, 2(2); 4-14
10. Liver injuries in children: The role of conservative management" Landau A, van As AB, Millar AJ, Rode H. Injury 2006;37:66-71

EDUCATION AND TRAINING

Summary of education and training activities and outputs by the Foundation.

| | 2004/2005 | 2005/2006 |
|----------------------------------|------------------|------------------|
| Educational leaflets distributed | 28 611 | 32 973 |
| Lectures, workshops & talks | 29 | 21 |
| Exhibitions & Open days | 6 | 3 |
| Training courses | 4 | 1 |
| Radio Programmes | 22 | 18 |
| Television Programmes | 3 | 2 |
| Newspaper & Magazine Articles | 41 | 36 |
| CAPFSA Reporter (Newsletter) | 4000 | 4000 |

Lectures, presentations and workshops

The Foundation received numerous requests to present child safety education initiatives. Due to a staff shortage, not all the requests could be met. More than 1800 individuals were however reached through talks, workshops lectures and training. The following are some examples of talk and workshops that were conducted:



Training for Zankhanyo - Khayelitha



Pre-Schoolers from CBC St Johns

| Institution/Firm | Target group | Community |
|---|--|-------------------------------------|
| Nursing Education Red Cross Children's Hospital | Nurses | - |
| Zanokhanyo | Unemployed trained to be home managers | Khayelitsha |
| Citizens Advice Bureau | Staff | Khayelitsha |
| CBC St Johns School | Learners | Table View |
| Mitchell's Plain Educare Forum | Pre-school Educators | Mitchell's Plain |
| Meerendal Pre-Primary | Pre-schoolers | Pinelands |
| Chapel Street Primary | Grade 4 learners | Woodstock |
| Burn care – Red Cross Hospital | Nurses | |
| Valhalla Park Library | Parents and children | Valhalla Park |
| Cape Clothing Industry Health Care Fund | Xolani Primary School | Guguletu |
| Social Services Cape Town | School Children | School Holiday Programme for DuNoon |

Home Visitation Training

The Home visitation project of the Medical Research Councils/UNISA Crime Violence and Injury Lead programme was initiated in 2002 and was completed by the end of 2005. CAPFSA was involved in training volunteers in three communities in the Strand, Cape and in Gauteng. Training focussed on the prevention of burns and poisoning in the home. CAPFSA also assisted with compiling the home visitation-training manual for injury prevention.

Training Courses

Jenny Clarke and Martha Bestenbier from the CAPFSA Gauteng branch conducted a two-day health safety course for early childhood crèches and pre-schools. Fifty delegates from various ECD (Early Childhood Development) facilities in Cape Town attended this training course.

The aim of this course is to meet the health and safety needs of children in childcare facilities. It is therefore imperative that ECD facilities should be trained and equipped with information on how to run a safe day-care facility. By the end of the course, delegates will be able to:



- (a) State the importance of safe play and stimulation
- (b) Discuss child development related to childhood accidents and prevention
- (c) Identify relevant prevention modalities to prevent specific injuries in day care settings
- (d) State the need for a health and safety representative and develop job functions of the latter
- (e) Describe the present situations at their day-care facilities and identify hazards
- (f) Draw up a check list relevant to their own childcare facility
- (g) Describe hazards in and around the home
- (h) Describe and analyse aspects that are required to liaise with children's parents, guardians and families
- (i) Describe and critically analyse emergency evacuation procedures and develop procedures for emergencies
- (j) Develop and utilize medicine administration forms and procedures as well as accident/injury/incidence reporting
- (k) Act on emergencies and injuries sustained in and around the school premises
- (l) Identify and report child abuse and neglect
- (m) Utilize resources and educate pre-schoolers on injury prevention
- (n) Compile a comprehensive safety plan for a crèche/day care facility

ECD facilities have three months to implement information received at the course after which each facility will be visited and an assessment will be done on the minimum criteria for a health and safety plan. Once assessments are complete, child minders will receive a certificate.

CAPFSA would like to thank the National Lottery Fund for making funds available to run this training course.

Health and Safety Training in Gauteng

There has been a relationship between CAPFSA and the Health Promotion sub-directorate of the Gauteng Health Department for approximately 7 years. During the last 5 years this relationship became more formalized and Gauteng Health made use of CAPFSA's expertise in the area of creating safe environments and teaching safe practices to child minders in informal crèches.

These crèches are a particular worry of the Department as they are springing up to meet the demands of working mothers in sometimes very undesirable areas. Together Gauteng Health and CAPFSA have attempted to meet some of the safety needs of these organisations, that do not hold out much hope of ever meeting the requirements that would enable them to become registered

with the bodies for that purpose. Because it would be irresponsible to deal only with formally registered crèches, the Department Gauteng Health and CAPFSA chose to give whatever assistance they could to the women meeting the desperate needs of their communities for child care.

By training child minders on Guateng Health's behalf and then by training 38 health promoters to be CAPFSA trainers it is believed that a considerable contribution has been made to the pre-school children of Gauteng. Child minders, who have attended the training, have continuously stated that they have learnt a great deal about ensuring safer premises and practices.

We trust and believe that your interventions have been of great benefit to the safety of the children of Gauteng.

Child Safety Month – June 2005

During Child Safety Month, Western Cape role players collaborated to promote child safety and encourage participation by the public and other role players to prevent intentional and unintentional injuries. This was achieved through a series of events, media focus and ongoing advocacy.

Child Safety Month 2005 was planned and organised by several organizations and departments which include the Western Cape Departments of Health, Community Safety, Education and Social Services; City of Cape Town: Health; Child Accident Prevention Foundation of Southern Africa (CAPFSA), Children's Resource Centre (CRC), Crime, Violence & Injury Lead Programme (CVILP), Khusela Abantwana, Paraffin Safety Association of Southern Africa, Resources Aimed at the Prevention of Child Abuse and Neglect (RAPCAN) and Rape Crisis. Overall coordination: Western Cape Health Department: Health Promotion

We would like to acknowledge the generous support and assistance of

- Woolworths and
- Independent Newspapers

Five focus weeks payed attention to specific issues of child safety.



- Paraffin Safety – Key message: Watch that child when there's paraffin around.
- School safety
- Prevention of child abuse - Key message: Watch that child: protecting children is an adult responsibility.
- Road Safety - Key message: Watch that child: road safety is no accident.
- Safety at Home - Key message: Watch that child. Safety starts at home.

The objectives of this month were:

- To raise awareness over a sustained period of:
 1. the extent of suffering caused,
 2. the hazardous environment faced by children,
 3. their vulnerability in a world created by adults and
 4. the need for active protection.
- To improve the understanding that child injuries are not inevitable and to improve knowledge of measures to prevent them.
- To promote community-based action and organisations to build safer communities for all.
- To profile the role that children can play in protecting themselves and each other.

Through the generous sponsorship of **Woolworths** the Child Accident Prevention Foundation was able to arrange various activities and media coverage during Child Safety Month.

Activities in which the Child Accident Prevention Foundation were involved during this month included the following:

- Media; Article and safety messages in newspapers, magazines and on radio stations.
- Safety Seminar at Red Cross Children's Hospital
- Safety exhibitions at Red Cross Children's Hospital and Groote Schuur Hospital
- Printed safety resources were distributed.
- International children's day activity

International Children's Day

On 1 June 2005, which was International Children's Day, Prof. Sebastian van As, (CAPFSA Director and head of Red Cross Children's Hospital Trauma Unit) took Zinzi Mgolodela, CSI Manager of Woolworths who was the main sponsor of child safety month, on a tour of the Trauma and Burn wards of the Red Cross Children's Hospital. Together with Woolworths,



My School Characters, Xena and Torak handed out party packs and gifts to the patients. Four hundred party packs were distributed to paediatric patients at the following hospitals: Red Cross Children's Hospital, Tygerberg and Groote Schuur Hospitals, St Josephs, Sara Fox, Maitland Cottage, Brooklyn Chest and Princess Alice Hospitals.



Woolworths' My School characters, Xena and Torak handed our party packs and toys to Red Cross Children's Hospital patients

Safety Display at Groote Schuur Hospital

CAPFSA Seminar highlights child safety

On the 8th June 2005: the Child Accident Prevention Foundation of South Africa (CAPFSA) hosted a Child Safety Seminar, in celebration of Child Safety Month. The seminar focused on: non-natural deaths of children, prevention of child injuries and abuse, paraffin safety and safety at school. Guest speakers shared their knowledge and expertise on each of these issues.

Speakers at the Seminar were:

Minister Leonard Ramatlakane – MEC Community Safety

Mr. Richard Matzapoulos – MRC/Unisa Crime violence and Injury lead programme

Mr. Sipiwo Mbewu – Directorate Road Safety Management – Community Safety

Mr. Niraj Soman – Chairman Safety Committee – Woolworths

Mr. Glenn Truran – Paraffin Safety Association

Prof Sebastian van As – CAPFSA Director and head of the Trauma Unit, Red Cross Children's Hospital

More than 120 delegates attended the seminar. Arrive Alive, Rapcan, Woolworths, CAPFSA and the Paraffin Safety Association also displayed safety products and messages at the Seminar.

A Child Safety Month report is available on request.



Learn not to Burn Prevention Curriculum

The National Fire Protection Association in the USA (NFPA) sponsored 4 International experts to assist with the development and facilitation of a workshop to develop a burn prevention curriculum for South Africa aimed at children. With many years of experience and knowledge, the NFPA has supported the development of this programme in South Africa. Various stakeholders attended a workshop to participate in the development of key messages for the Burn prevention Curriculum.

The Child Accident Prevention Foundation of Southern Africa, The World Burn Foundation of Southern Africa, Paraffin Safety Association of Southern Africa, Western Cape Education Department, Department of Health, Western Cape and the Medical Research Council participated in the development of this much needed burn injury prevention curriculum. These South African stakeholders have formed a committee called the National Burn Prevention Reference Group and plan to call this version of the programme “Learn Not to Burn Southern Africa.”

With financial support from the NFPA, this reference group is currently working on the development of pre-school burn prevention curriculum.

Media

Press releases and statements were sent to the media on a regular basis. The media served as a very important tool and enabled CAPFSA to reach out to various communities regarding accident prevention information. Extensive media coverage was also received during National Child Injury Prevention Week. The media have always been of great assistance to CAPFSA. Regular request were received from publications for articles on child safety.



Website

The CAPFSA website CHILDSAFE was hosted on it's own web server from end the end of 2004. For the period 1 January 2005, until December there were 18'202 unique visitors, who viewed a total of 28'908 pages. There was a significant growth during the latter part of 2005 (which is likely to continue into 2006), though towards the year-end, there was the traditional drop off. The largest share of this traffic originated from the USA (84.21%) followed by South Africa (3.14%).

We would like to thank Neal Meaker from Alton Stanley Agencies - A web Design and CD Creation Company for the continued support towards our website.

Newsletter (CAPFSA REPORTER)

CAPFSA printed and distributed four issues (4000 copies) of the CAPFSA Reporter Newsletter. The Reporter is CAPFSAs' medium for conveying safety information to the public and current local and international initiative on child safety and injury prevention. Since June 2005 the Newsletter has also been made available in Pdf format and are now sent out electronically to a wider target of health professionals, educators, clinics and hospitals, members of the public

RESOURCES

Resource Centre

The CAPFSA Resource Centre is based in the Staff Education Centre at the Red Cross Children's Hospital. This Resource Centre contains a collection of local and international resources on child injury prevention and intentional and unintentional injuries, which have been collected over years.

Resources such as videos, slides, posters, brochures, activity sheets and lay and academic articles are available for use by the public. Users during the past year included staff from various hospitals, students from tertiary institutions, scholars, parents, non-governmental and community based organisations, various government departments and other interested stakeholders.

Resource Dissemination

Educational resources

Johnson & Johnson, and HTH sponsored the printing of CAPFSA's educational leaflets. These leaflets were distributed on request at workshops and national exhibitions. The demand from the public for educational resources has been enormous but unfortunately due to limited resources for distribution, CAPFSA could not always meet the demand for all requests received. The following educational leaflets are available from CAPFSA:

- Prevent Drowning
- Prevent Burns
- Prevent Poisoning
- Prevent Sexual Molestation
- Keep your family Savlon Safe
- A Safer Home for the whole family

ADVOCACY AND LEGISLATION

CAPFSA participated in various campaigns during national health weeks i.e. Child Accident Prevention Week, Children's day. The Foundation also joined other campaigns such as the Gun Control Alliance to lobby around various issues related to child safety and children's rights.

CAPFSA did a submission to the Portfolio Committee of Safety & Security on the Firearms Control Amendment Bill opposing some of the amendments, which could weaken Firearm Control.

During this year CAPFSA was involved in legislative advocacy with the ultimate aim of long-term prevention through the development of relevant and appropriate policies and legislation.

WHO'S WHO AT CAPFSA

NATIONAL PRESIDENT

Prof H. Rode

NATIONAL DIRECTOR

Prof AB van As

NATIONAL BOARD (As on 31.04.2006)

Mr. W. Alexander
 Mrs J Clarke
 Prof M. Jacobs
 Mrs. P.K. De Villiers
 Mrs. L Olivier
 Prof H. Rode
 Prof M Seedat
 Prof AB van As
 Mr A van Niekerk
 Dr T Visser

ACCOUNTING OFFICER

Mr Julian Hoffman

AUDITORS

McDowell, Caradoc Davies

STAFF STRUCTURE (WESTERN CAPE)

Ms Giovanne Adams
 Mrs. Nelmarie du Toit
 Ms Pumla Nyakaza
 Rukea Abdroef (Volunteer)
 Mira Lose (Volunteer)

GAUTENG

Mrs. Marilyn Barker
 Mr Marc Baumgartner
 Mrs Martha Bestenbier
 Ms Brenda Bihl
 Mrs Margot Brews
 Prof Judith Bruce
 Mrs Veronica Charleston
 Mrs Jenny Clarke
 Mrs Judith Dardis
 Prof Konrad van Warmelo
 Mrs Jackie Witthuhn

Dr Marj Jobson
 Dr Roy Jobson
 Mrs Debby Lake
 Mrs Colette Mashigo
 Mrs Angela Mitikides
 Mrs Cecilia Phiri
 Rev Michelle Pilet
 Mr Sean Richter
 Mrs Adéle Tjale
 Mrs. Beverley Elsley
 Mrs Marihet Infantino

CAPFSA MEMBERS

1 APRIL 2005 - 31 MARCH 2006

The following companies, organisations and individuals are CAPFSA members. Their membership not only expresses their support but is also proof of their commitment towards safety.

Gold Member

Woolworths

Silver Members

Aquachlor (pty) Ltd, HTH
SANLAM

Bronze Members

Jenny Thomas
Jika Foundation
Medical Education Centre

Regular Members

Rukea Abdroef - Cape Town
Aquatots Swim Programme - Nell White
Christopher Robin Pre-School - Cape Town
Choice Care Training – Robyn Armstrong – Pietermaritzburg
Communicare – Kraaifontein, Cape
Distell Bergkelder - Stellenbosch
Emergi Care CC – Rene Westerveld
FFH Skills Development – Yolandi Kirchner
J. Hoffman - Cape Town
LV Jedeiken - Cape Town
Johnson & Johnson
Kwaak Kwaak Nursery School – Gauteng
Lindy's Day Care - Johannesburg
Moreletta Montessori - Pretoria
Nooitgedacht Nursery School – Muldersdrift - Gauteng
Risidale Primary – Roosenvelt Park
Tjokkerland Nursery School – Menlo Park
Vitallife – Bonny Cosslett – Gauteng

CAPFSA FUNDERS

We would like to express our sincere gratitude to all individuals, companies, organizations and departments that supported CAPFSA's work both financially and with other donations during 2005/2006.

ALTON SA (Website)

ASTI

City Of Cape Town – Social Development

Department of Health – Health Promotion Gauteng

Department of Community Safety – Traffic Safety

Drive Alive

Hth Institute

Independent Newspapers

McDowell, Caradoc, Davies

National Lottery Fund

Johnson & Johnson

Red Cross Children's Hospital (Provincial Health- Western Cape)

Woolworths